

Report of the Ageing Well Health and Wellbeing Board Theme Lead

Introducing Ways to Wellbeing: York's Social Prescribing Service

Summary

1. This report presents an introduction to 'Ways to Wellbeing'; York's Social Prescribing Service. The Chief Executive from York CVS will present the report using the slides at **Annex A**.

Background

2. Ways to Wellbeing is York's social prescribing service. It connects people to local community support to assist them to address their issues / concerns without requiring direct input from statutory agencies. Nationally, 20-25% of patients consult their GPs for social issues, e.g. loneliness. This service reduces use of GP appointments for social issues, helping people stay safe and well at home for longer.
3. The presentation will cover how the service works; evaluation of the service and the next steps for the service.

Main/Key Issues to be Considered

4. An evaluation process of the first full year of the service has now been undertaken and the data points to a significant reduction in the demands placed upon GP appointments with usage decreasing by 30% for those people using the service.

Consultation

5. No consultation was required to produce this report and presentation. The service routinely uses a short outcomes tool to measure levels of satisfaction for those supported.

Options

6. There are no specific options for the Health and Wellbeing Board to consider; the intention is to use the Better Care Fund (BCF) to maintain the service being provided. The board are asked to note and comment on the presentation.

Analysis

7. Health and Wellbeing Board should consider how this service is enabling them to deliver against the ageing well theme of the joint health and wellbeing strategy which specifically references the wish to increase the use of social prescribing, i.e. linking patients in primary care with sources of support within the community.

Strategic/Operational Plans

8. This report relates to the ageing well theme within the joint health and wellbeing strategy 2017-2022.

Implications

9. There are no known implications associated with the recommendation in this report.

Risk Management

10. There are no risks identified with the recommendation in this report.

Recommendations

11. Health and Wellbeing Board are asked to note and comment on the presentation and report.

Reason: To keep the Health and Wellbeing Board apprised of the Ways to Wellbeing Service.

Contact Details

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**Report
Approved**



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Specialist Implications Officer(s) None

Wards Affected:

All



**For further information please contact the author of the report
Background Papers:**

[Joint health and wellbeing strategy 2017-2022](#)

Annexes

Annex A – presentation slides